



1 Day Skin Fundamentals Certification Course

Course Fee \$ 499.00

Kit – 1 x Manual

The Perfect Starting Point or Refresher for a Career in Aesthetics

Whether you're beginning your journey in the aesthetics industry or looking to refresh and strengthen your knowledge, our Skin Fundamentals course provides the essential foundation every practitioner needs to feel confident, educated, and prepared to work with clients safely and effectively.

This comprehensive, in-depth training focuses on understanding the skin at a deeper level — including the Fitzpatrick scale, common skin conditions, acne types, and professional consultation skills. It's an ideal course for new students, career changers, or experienced professionals who want to reinforce core knowledge before advancing into more specialized treatments.



What This Course Covers

This program is designed to build strong fundamentals that support all advanced aesthetic treatments, ensuring you understand how to properly assess skin and make safe, informed decisions.

Key Topics Include:

- Skin anatomy & physiology
- Understanding the skin barrier and its function
- The Fitzpatrick Skin Type Scale and why it matters in treatment planning
- Proper skin analysis & consultation techniques
- Identifying and understanding common skin conditions
- Overview of skin diseases and when to refer out
- Skin concerns - Melasma, Rosacea, Hyperpigmentation, Hypopigmentation, Vitiligo, Dark Circles, Skin Combination types and much more.
- Acne education:
 - Types of acne
 - Causes & triggers
 - Grades of severity
 - Treatment considerations
- Product knowledge basics & ingredient awareness
- Client safety, contraindications & ethical practice

Who This Course is For

- Beginners starting an aesthetics career
- Students preparing for advanced skin courses
- Medical aestheticians wanting a knowledge refresher
- Practitioners returning to the industry after time away
- Clinic staff wanting a stronger understanding of skin health



Why This Course Matters

A strong understanding of skin is the foundation of every successful aesthetic treatment. Knowing how to properly assess Fitzpatrick types, recognize skin conditions, and understand acne at a clinical level allows you to treat clients more safely, confidently, and professionally.

This course helps you:

- Build confidence in consultations
- Improve treatment planning decisions
- Strengthen your credibility as a skin professional
- Create better, safer client outcomes

Training Style

This course combines detailed theory with real-world application, giving you practical knowledge you can use immediately in a clinical or spa environment. Whether you are just starting out or refreshing your skills, you'll leave with a stronger understanding of skin health and a solid base for future certifications.

Outcome

By the end of this course, you will feel confident in your ability to:

- Perform a thorough skin assessment
- Understand Fitzpatrick skin typing
- Recognize common skin conditions and acne types
- Communicate more effectively during consultations
- Build a strong foundation for advanced aesthetic training

Certificate of Completion provided.